A food bank is a service that gives free food to people in need. You need to be referred to a food bank in order to access it. Food banks are usually collection only, but some food banks deliver to your door.

(i) Free

Need a referral

 $Food\ hubs\ are\ community-run,\ and\ sell\ produce\ from\ local\ suppliers.\ The\ produce\ is\ ordered$ directly from the supplier and is picked up by you from the hub. Anyone can order from food hubs.

(i) Affordable Local produce



A community kitchen is a group that teaches cooking, shares recipes, and shares healthy meals in a communal space.

(i) Sign up

Learn to cook

Community fridges give free or discounted food to members of the community. The food is generally surplus from supermarkets. Anyone can access community fridges.

(i) For everyone Surplus food

LUNCH CLUBS

Lunch clubs are organised by charities or communities, and offer lunch and socialisation. Lunch clubs can be for all ages.

(i) For everyone Prepared meals

GROWING SCHEME

Growing schemes support the local community in growing healthy food. Growing schemes generally give out the food they grow, though sometimes will sell them at an affordable price.

Healthy food Sometimes free



A food co-op is a not-for-profit organisation that helps sell food at affordable prices. They work with producers who deliver healthy produce.





Affordable







